

8th March 2018

Dear Parent/Carer,

We are delighted to be able to offer pupils at GTS the opportunity to take part in a one day Junior Surf Lifeguard Course at Putsborough Beach.

The Junior Lifeguard programme is endorsed by Surf Lifesaving Great Britain and Active Devon. It will be run by Nick Thorn; lifeguard trainer assessor and level 4 Master Surf Coach. In addition he also has a team of qualified beach lifeguards/ surf instructors who are all fully insured, AALS and DBS checked.

The course will be open to all year groups (7-10) for a day in the summer term (date to be confirmed).

The course content is as follows:

- Beach walk, beach dangers, rock pool education
- Basic first aid - recovery position
- Confidence in the water - diving under waves, wading, body surfing
- Introductory board rescue and paddling techniques
- Basic lifeguard knowledge
- Basic lifeguard techniques

The cost of the day will be approximately £30 which will provide all transport, tuition, boards and equipment. All pupils will need to bring is dry clothes and a packed lunch.

Please complete the slip at the bottom of the letter and return to Ms Miller-Marshall to register your son/daughter's interest in the course.

Yours faithfully



Niki Miller-Marshall
Head of Discovery



**Please return to – Ms Niki Miller-Marshall
Junior Surf Lifeguard Course**

My son/daughter _____ Tutor Group _____

Is interested in the Junior Surf Lifeguard Course.

Signed _____ Name _____

Relationship to pupil _____