

PETROC™

Teen Gym Youth Academy



Start Date:

Wednesday 9 May 2012

End Date:

Wednesday 30 May 2012

Choice of Sessions:

4–5.30pm

Duration:

Four weeks

Programme content:

- Gym sessions specifically for those who are under 16, our philosophy is to make fitness fun.
- Whether you are a keen athlete, interested in weight loss or just fancy doing something different, we have something to suit all tastes.
- Activity sessions are run both inside and out, utilising all the fitness, sport and outdoor activities using an exciting combination of both indoor and outdoor pursuits.

Cost:

£5 for the four week programme

The programme is aimed at those who are currently in Year 10 and Year 11 at school.

For more information visit

www.petroc.ac.uk/14-16 learners or
call Sarah Chard on 01271 852404.

