

Kit List:

Item	Check
Sleeping Bag	
Pillow	
Torch	
Night wear	
Warm clothes (suitable for outdoor activities)	
Waterproof jacket	
Trainers (suitable for outdoor activities)	
Towel/ Wash kit	
2 nd towel (to be used after water activities)	
Suntan lotion	
Swimwear	
Sturdy trainers (suitable for getting wet)*	
Indoor shoes (E.g. slippers, flip flops)	
Rucksack	
Spending money	
Spare bin liner	

* For our assault course and water based activities. Trainers need to be sturdy with closed toes and a good grip on the sole.

If you have any other questions, feel free to check out our website at:
<https://www.ultimateadventurecentre.com/>